



# STANFORD MEDIA RELATIONS

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## NCAA Qualifiers

Jillian Camarena, sp (52-7 (16.04m)  
Lauren Fleshman, 5,000k (15:49.84)  
Jonathon Riley, 10,000k (28:33.71)

## NCAA Provisional Qualifiers

Jason Goff, decathlon (7,216 points)  
Seth Hejny, 1,500 meters (3:44.79)  
Seth Hejny, 5,000 meters (13:46.81)  
Omer Inan, discus (190-10)  
Milton Little, long jump (25-4 3/4)  
Michael Ponikvar, high jump (7-3 1/2)  
Grant Robison, 5,000k (13:57.01)  
Donald Sage, 1,500 meters (3:43.93)  
Donald Sage, 5,000 meters (14:04.94)  
Michael Stember, 1,500k (3:41.80)  
Chad Wassink, javelin (234-0)  
Nick Welihozkiy, hammer (201-4)

Ashley Couper, 1,500k (4:23.05)  
Kathleen Donoghue, pv (13-1 3/4)  
Sally Glynn, 5,000 meters (16:19.96)  
Anne Gunnison, 5,000k (16:20.91)  
Kimberly Stone, high jump (5-10 1/2)  
Erin Sullivan, 5,000 meters (16:22.98)  
Laura Turner, 3,000 steopl. (10:44.20)  
Laura Turner, 5,000 meters (16:35.99)  
Elena Villarreal, 5,000k (16:20.52)

## Pacific-10 Qualifiers

Ryan Carroll, 800 meters (1:50.79)  
Chris Emme, 5,000 meters (14:31.37)  
Jason Goff, decathlon (7,216 points)  
Michael Harte, 110hh (14.49)  
Mark Hassell, 800 meters (1:50.38)  
Isaac Hawkins, 5,000k (14:14.33)  
Seth Hejny, 1,500 meters (3:44.79)  
Seth Hejny, 5,000 meters (13:46.81)  
Andrew Hill, 5,000 meters (14:28.55)  
Omer Inan, Discus (190-10)  
Gabe Jennings, 800 meters (1:50.54)  
Milton Little, long jump (25-4 3/4)  
Louis Luchini, 5,000k (13:53.87)  
Warrick McDowell, tj (48-2 1/2)  
Thomas Murley, 5,000k (14:34.65)  
Daniel Parris, 5,000 meters (14:11.10)  
Michael Ponikvar, high jump (7-3 1/2)  
Jonathon Riley, 5,000k (13:51.68)  
Jonathon Riley, 10,000k (28:31.71)  
Grant Robison, 1,500 meters (3:48.24)

**For Immediate Release: Tuesday, May 1, 2001**

## **Stanford vs California - The Big Meet (Track & Field)** **The 107th meeting for Stanford-Cal men** **22nd meeting for Stanford-Cal women**

**Stanford, Ca** - The 107th meeting between Stanford and California in men's track & field takes place on Saturday, May 5, when Stanford hosts The Big Meet at Cobb Track & Angell Field ... The Stanford women's team will host the California women in the 21st meeting between the two schools ... The Cal men's team leads the series, 63-41-2, but in the last several years, the scores have been close ... Last year in Berkeley, Cal won the meet in the final event, the 1,600 meter relay, to post a 84-79 decision ... And of course, Stanford stopped Cal's 25-meet winning streak with a 85-78 decision in 1997 at Cobb Track & Angell Field ... Stanford's women's team leads the series with California, 11-10 ... The Cardinal had won three straight meets against California until last year when the Golden Bears scored a 82 2/3 to 79 1/3 decision in Berkeley ... The women's series started in 1980, while the men's series dates back to 1893.

### **Schedule Story**

The Big Meet (Stanford vs California)  
Saturday, May 5, 2001, Cobb Track & Angell Field  
3:00 p.m. - Field Events  
4:00 p.m. - Running Events

### **Duel Data**

Several races and field events are certainly ones to watch ... The 1,500 meters feature four of the top runners in the Pac-10, **Michael Stember (#1, 3:41.80)**, Cal's **Bolota Asmerom (#2, 3:42.73)**, **Donald Sage (#3, 3:43.03)**, and **Seth Hejny (#5, 3:44.79)** ... **Asmerom** has the league's top time in the 5,000 meters (13:31.88), but close behind are **Hejny (#3, 13:46.81)**, **Jonathon Riley (#4, 13:51.68)**, and **Louis Luchini (#5, 13:53.87)** ... In the long jump, Stanford's **Milton Little** and Cal's **Robert Kennedy** rank 1-2 at 25-4 3/4 and 25-4w, respectively ... **Nick Welihozkiy** of Stanford and Cal's **Garrett Collier** are ranked 2-3, respectively, in the hammer at 201-4 and 198-4 ... Stanford's **Jason Goff** and **Matt Blair** of Cal are ranked 2-3 in the decathlon, and expect them to score points for their respective teams in several events ... In women's competition, look for a close race between Cal's **Zhauntel Holman** at 11.80w, and Stanford's **Wilsa Charles** at 12.03 ... The 3,000 meter steeplechase is a new event to women's track & field, and Stanford's **Laura Turner (10:44.20)** and Cal's **Marielle Schlueter (10:44.95)** are among the leaders in the conference ... The 400 meter relay could be pivotal as Cal has a season-best time of 46.19 while Stanford has checked in at 46.72 ... Cal has a slight edge in the 1,600 meter relay at 3:44.48 compared to 3:46.54 for the Cardinal ... In the high jump, Stanford's **Kimberly Stone** is ranked third at 5-10 1/2, while Cal's **Tiffany Barnett** is fourth at 5-10 ... The pole vault also finds two of the league's top performers in **Kathleen Donoghue** of Stanford at 13-1 3/4 and Cal's **Maria Lopez** at 12-11 1/2 ... The shot put competition will be keen with **Dana Lawson** of Cal ranked third at 53-7 1/2, while Stanford freshman **Jillian Camarena** is fifth at 52-7 ... **Lawson** is third in the discus at 173-0 ... **Jennifer Joyce** of Cal is third in the Pac-10 in the hammer (203-8) ... Heptathletes **Julie Tinker** of Stanford and Cal's

### **Pacific-10 Qualifiers - Continued**

Donald Sage, 1,500 meters (3:43.93)  
Donald Sage, 5,000k (14:04.94)  
Michael Stember, 800m (1:49.73)  
Michael Stember, 1,500m (3:41.80)  
Jonathan Stevens, 800m (1:50.10)  
Jonathan Stevens, 1,500m (3:47.34)  
Adam Tenforde, 5,000m (14:34.13)  
Jesse Thomas, 3,000 steep. (9:04.02)  
Jesse Thomas, 5,000k (14:29.05)  
Joe Urbanski, 5,000k (14:29.24)  
Chad Wassink, javelin (234-0)  
Nick Welihozkiy, hammer (201-4)  
Justin Williams, 110hh (14.53)  
Stanley Wilson, 100 meters (10.59)  
Stanley Wilson, 200 meters (21.40)

Caroline Annis, 1,500m (4:35.68)  
Caroline Annis, 3,000m (9:42.07)  
Caroline Annis, 5,000k (17:01.05)  
Ashley Beatty, javelin (151-8)  
Lillian Bush, hept. (4,802 points)  
Lillian Bush, 100hh (14.12)  
Jillian Camarena, discus (154-0)  
Jillian Camarena, shot put (51-3)  
Maurica Carlucci, 800m (2:08.09)  
Maurica Carlucci, 1,500m (4:25.46)  
Victoria Chang, 5,000m (16:44.82)  
Wilsa Charles, 100 meters (12.03)  
Ashley Couper, 800 meters (2:08.35)  
Ashley Couper, 1,500m (4:23.05)  
Kathleen Donoghue, pv (13-1 3/4)  
Malindi Elmore, 1,500m (4:31.03)  
Mariel Ettinger, 1,500m (4:35.42)  
Mariel Ettinger, 5,000k (16:51.13)  
Melissa Feinstein, pv (12-4 1/2)  
Colleen Flaherty, 1,500m (4:35.48)  
Lauren Fleshman, 1,500m (4:26.86)  
Lauren Fleshman, 3,000m (9:41.44)  
Lauren Fleshman, 5,000k (15:49.84)  
Lauren Fletcher, shot put (44-8 3/4)  
Sally Glynn, 1,500 meters (4:24.03)  
Sally Glynn, 5,000 meters (16:19.96)  
Anne Gunnison, 1,500m (4:35.30)  
Anne Gunnison, 3,000m (9:47.07)  
Anne Gunnison, 5,000m (16:20.91)  
Katie Hotchkiss, 1,500m (4:29.87)  
Lindsay Hyatt, 800 meters (2:08.24)  
Ashley Ivy, high jump (5-7)  
Lindsey Johnson, 100hh (13.91)  
Jillian Mastroianni, 5,000k(17:21.88)  
Molly Meyer, discus (153-7)  
Maureen Onyeagbako, hamm(183-3)  
Shannon Overly, triple j. (38-7 1/2)  
Jessica Pluth, hammer (187-0)  
Jayna Smith, 400 meters (54.40)  
Danielle Spurlock, 400 IH (60.54)  
Kimberly Stone, h. jump (5-10 1/2)

**Shawna Adkins** will be busy competing in several events for their teams ... **Stember** is ranked third in the Pac-10 in the 800 meters (1:49.73) ... Stanford's **Michael Ponikvar** is first in the conference in the high jump (7-3 1/2) ... Cal's **Vincent Ibia** is fourth in the Pac-10 in the long jump at 24-9 3/4 ... **Rhuben Williams** of Cal is fourth in the Pac-10 in the shot put (60-6 3/4) ... **Omer Inan** of Stanford has the third-best mark in the discus at 190-10 ... **Ashley Couper** is third in the conference in the 1,500 meters (4:23.05) ... **Lauren Fleshman**, the Stanford sophomore, leads the conference in the 5,000 meters (15:49.84) ... **Reynda King** of Cal has the Pac-10's second-best mark in the triple jump (42-1 1/2).

### **Scoring Stats**

The individual events will be scored five points for first place, three points for second place, and one point for third place ... The relays will be scored five points for first place, no points for second place.

### **Stanford Starts**

The Stanford outdoor season is well underway and Cardinal athletes have put together excellent Pac-10 qualifying times and marks ... Sixty-two athletes (34 women, 28 men) have qualified for the Pac-10 Championships on May 19-20 at California ... Eighteen Stanford athletes (10 men, 8 women) have qualified provisionally for the NCAA's, and three athletes, **Jonathon Riley**, **Lauren Fleshman** and **Jillian Camarena**, have met the NCAA automatic standard in the 10,000 meters, 5,000 meters and shot put, respectively.

### **Pac-10 Potpourri**

Several Stanford athletes lead or are near the top of the pack in their respective events in the Pac-10 rankings ... Stanford Olympian **Michael Stember** leads the conference in the 1,500 meters (3:41.80), **Jonathon Riley** in the 10,000 meters (28:33.71), **Michael Ponikvar** in the high jump (7-3 1/2), **Milton Little** in the long jump (25-4 3/4), and **Lauren Fleshman** in the 5,000 meters (15:49.84, #1 among American collegiate runners) ... Three Stanford athletes are ranked #2 in their respective events, **Nick Welihozkiy** in the hammer (201-4), **Chad Wassink** in the javelin (234-0) and **Jason Goff** in the decathlon (7,216 points) ... Stanford's men's runners rank 3-4-5-6-7 in the 800 meters, 1-3-4 in the 1,500 meters, 3-4-5-7 in the 5,000 meters, 3-5 in the women's 1,500 meters, and 1-6-7-8 in the women's 5,000 meters.

### **National Notes**

**Jonathon Riley**, **Lauren Fleshman** and **Jillian Camarena** are Stanford's NCAA outdoor qualifiers thus far in the 2001 season ... Competing in his first collegiate 10,000 meters, **Riley** ran a 28:33.71 at the Stanford Invitational (3/31) ... **Riley's** time is third-best all-time at Stanford, and tops in the Pac-10 this year ... **Fleshman's** 5,000 meter time of 15:49.84 is #1 for an American collegiate runner this year, a career-best and third-best in school history ... **Camarena** has a season-best and freshman school record mark of 52-7 (16.04m) in the shot put ... Eighteen Cardinal athletes have qualified provisionally for the NCAA's which will be held May 30-June 2 at the University of Oregon in Eugene.

### **Record Review**

Six school records have already been broken this year ... **Chad Wassink** broke the 13-year old school record in the javelin with a career-best throw of 234-0 in the javelin at the Mt. Sac Relays (4/22) ... That broke the 1988 record of **Dave Pickett** at 233-11 ... **Kathleen Donoghue** broke the school record in the pole vault at 13-1 3/4 at the Mt. Sac Relays (4/21) ... **Jessica Pluth** broke the freshman record in the hammer with a toss of 187-0 at the Stanford Invitational (4-1) ... **Pluth** easily broke the previous record of 163-10 by **Maggie Isaac** in 1997 ... **Pluths'** effort is also third-best overall all-time at Stanford, and only three

### **Pac-10 Qualifiers - Continued**

Erin Sullivan, 3,000 meters (9:36.56)  
Erin Sullivan, 5,000k (16:22.98)  
Julie Tinker, hept. (5,151 points)  
Julie Tinker, 100hh (14.76)  
Julie Tinker, high jump (5-7 1/4)  
Julie Tinker, long jump (19-9)  
Julie Tinker, triple jump (38-11 1/2)  
Laura Turner, 1,500 meters (4:33.01)  
Laura Turner, 3,000 meters (9:42.94)  
Laura Turner, 3,000 steep. (10:44.20)  
Laura Turner, 5,000k (16:35.99)  
Elena Villarreal, 1,500m (4:31.92)  
Elena Villarreal, 3,000m (9:26.76)  
Elena Villarreal, 5,000m (16:20.52)  
Robyn Woolfolk, 100hh (14.10)

feet short of the school record of 190-0 by **Maureen Onyeagbako** in 1999 ...

**Jillian Camarena** broke the freshman school record in the shot put with a throw of 52-7 at the Pomona-Pitzer Meet (4/20) ... **Camarena's** toss broke the 15-year old record of **Patty Purpur (50-9 3/4)** ... **Camarena's** shot put effort is fourth-best all-time overall at Stanford ... The 4 x one mile relay team not only won the Penn Relays championship but also broke the school record ... The team of **Seth Hejny, Donald Sage, Jonathon Riley** and **Michael Stember** raced to a victory in a time of 16:15.70, shattering the old school record of 16:23.16 in 1998 ... The women's 4 x 800 meter relay team of **Ashley Couper, Lindsay Hyatt, Katie Hotchkiss** and **Maurica Carlucci** set a school record with a time of 8:32.26 at the Penn Relays.

### **Top Times/Marks**

**Michael Ponikvar's** leap of 7-3 1/2 in the high jump is #2 in the Cardinal record book ... **Omer Inan's** throw of 190-10 in the discus is third-best in the school record book ... **Lauren Fleshman's** time of 15:49.84 in the 5,000 meters is third all-time at Stanford ... **Julie Tinker's** career-best of 5,151 points in the heptathlon this year is also fourth-best in school history ... **Lindsey Johnson's** time of 13.91 in the 100 meter hurdles is fourth-best all-time at Stanford ... **Leila Ben-Youssef** has pole vaulted 11-11 3/4 this year which also is fourth-best in school history ... **Jonathon Riley's** time of 28:33.71 in the 10,000 meters is fifth-best all-time at Stanford ... **Kim Stone's** high jump of 5-10 1/2 is fourth all-time in school history ... Freshman **Lillian Bush** has run a 14.12 in the 100 meter hurdles this year, fifth-best in school history ... **Milton Little's** long jump effort of 25-4 3/4 is fifth-best in school history ... **Jason Goff's** decathlon point total of 7,216 is fifth-best in school history ... Freshman **Stanley Wilson's** times in the 100 meters and 200 meters have already reached the school's top-10 ... **Wilson** has run a 10.59 this year, seventh-best in school history, and his time of 21.40 in the 200 meters is tenth all-time ... **Seth Hejny's** time of 13:46.81 in the 5,000 meters is sixth-best all-time at Stanford ... **Jayna Smith** has run a 24.04 in the 200 meters this year, sixth-best in Stanford history ... **Maurica Carlucci** has run a 2:08.9 in the 800 meters this year, sixth-best ever at Stanford ... **Julie Tinker** has a mark of 19-9 in the long jump this year, sixth-best in school history ... **Christy Von der Ahe** is ranked seventh-best all-time at Stanford in the pole vault ... Freshman **Lillian Bush** scored 4,802 points in the heptathlon this year, also eighth-best in school history ... **Nick Welihozkiy's** toss of 201-4 in the hammer is tenth-best in school history.